



Athletic Participation Requirements

Students

- Must be in good standing with the school they attend.
- All required paperwork must be turned in before participating in a sport.
 - Insurance Form
 - AB 25 Concussion Requirement Form
 - Sudden Cardiac Arrest Form
 - Prescription Opioid Form

Sports Offered

- Quarter 1 – Flag Football (Co-Ed) and Volleyball (Girls)
- Quarter 2 – Cross Country (Co-Ed) and Soccer (Boys/Co-Ed and Girls)
- Quarter 3 – Basketball (Boys/Co-Ed and Girls), Wrestling (Co-Ed) and Track & Field (Co-Ed)
- Quarter 4 – Volleyball (Boys) and Softball (Boys/Co-Ed and Girls)

Team Sports – Flag Football, Volleyball, Soccer, Basketball, and Softball

- Students must be in 5th or 6th grade to participate.

Individual Sports – Cross Country, Wrestling, Track & Field

*Each of these sports has sport specific guidelines for participation.

- Cross Country
 - 3rd grade through 6th grade.
 - Boys and Girls Divisions in their grade level only.
- Wrestling
 - 4th grade through 6th grade.
 - Wrestle within their weight class.
 - 3rd grade
 - Can only wrestle against 3rd grade students.
 - Wrestle within their weight class.
- Track & Field
 - This is determined by Age Group. These are set by Fresno County Track & Field.
 - Current dates are for the 2024-2025 school year.
 - Under 10's – Born in 2015 or earlier.
 - Under 12's – Born in 2013 or 2014.
 - Under 14's – Born in 2011 or 2012.