District Honors Top Employees at Awards Dinner

Five top winners were selected and 49 finalists honored, with colleagues and family cheering and celebrating the efforts and accomplishments of the honorees. The dinner, held at the Radisson Hotel Conference Center in downtown Fresno, featured secretly taped videos of students and colleagues congratulating the winners.

Top winners were:
- Elementary certificated (including teachers, library media teachers and nurses) employee: Dana Hobby, Norseman Elementary School
- Middle school certificated employee: Laura Walsh, Yosemite Middle School
- High School certificated employee: Jacqueline Ruiz, Fresno High School
- Classified (non-teaching) employee: Danny Alberty, campus safety assistant at Edison High School
- Administrator: Cecilia Ballesteros, academic counselor at Sequoia Middle School

“It was a fantastic evening celebrating not only our winners, but the finalists from across the district who are making a difference in students’ lives,” said Superintendent Michael Hanson. “It’s so important for us to take the time to recognize the efforts of our employees.

For video, go to vimeo.com/fresnounified/excellence

Jacqueline Ruiz, a teacher at Fresno High School, reacts to being named the high school teacher winner at the Excellence in Education awards Feb. 18.

See EXCELLENCE continued on page 10

Fresno Unified Launches "I Am Ready" Campaign

The McLane High School cafeteria was full of energy as Mayor Ashley Swearengin led the room in cheers and asked the big question, “Are you ready?”

Swearengin joined Superintendent Michael Hanson, Fresno Unified students, staff, parents and the business community to kick off the district’s new “I Am Ready” campaign on Jan. 27.

The highly anticipated “I Am Ready” (#FresnoReady) citywide campaign encourages the entire community to work to elevate the district towards a 100% graduation rate. The district’s 2016 initiative motivates every citizen living in Fresno to be a part of the academic success of its nearly 73,000 students.

The campaign comes on the heels of the district’s strongest graduation results in decades – nearly 82%. Fresno Unified attributes many factors to its overall success, including the role of the community, student and parental involvement and continuous

See I AM READY continued on page 4

Peer Mentoring Success

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All in the Family

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Preschool Registration Begins

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Safety Tips for Parents
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Award-Winning Employees
Pages 6 and 7

Top 10 Reasons to Work for District
Page 7

Superintendent’s Message in Spanish and Hmong
Page 15
Middle school students and families interested in getting a jump start on higher education have the opportunity to do so through a series of events planned at middle school campuses through April.

College: Making it Happen (CMIH) events provide practical and easy-to-understand information on how to prepare academically and financially for college.

“Fresno Unified wants to reaffirm that college preparation begins many years before graduation, and that college planning is a family affair,” said Luis Chavez, president of the Fresno Unified Board of Education.

Parents and student will learn about the different systems of higher education, college admissions requirements, financial aid and scholarship preparation, the importance of early preparation for higher education and how to access student grades and assignments by using the ATLAS system.

Families who are unable to attend the CMIH event at their middle school are encouraged to attend the CMIH conference from 9 a.m. to 1 p.m. at Fresno State on May 14. The conference is the grand finale of the CMIH program and students and families are encouraged to attend the workshop at their middle school and the Fresno State event.

All CMIH events are planned in collaboration with Fresno State. For specific questions about the events, students and families should contact their middle school counselor.

### Tips for Students and Families for Walking to and from School

- Use the same walking route to and from school.
- Walk with a group of friends from your neighborhood. There is strength in numbers.
- Be aware of your surroundings, and avoid overgrown landscape, stray dogs, unlit walkways, etc.
- When crossing at corners, use areas with traffic signals or marked crosswalks with stop signs. Don’t cross on a red light.
- Before crossing: Stop, look to the left, then to the right then to the left again and cross when clear. Walk, don’t run.
- Do not cross in the middle of the roadway or in between vehicles.
- When near the street, don’t push or

### Parent University Offers Classes

Parent University courses support parents in their efforts to help their children do the best they can in school. Upcoming courses include:

- Understanding Food Labels
- Healthy Relationships
- Middle School and High School Modules
- Preparation for Graduation
- Computers
- Food and Menu Planning
- PASS -- Reading Skills
- Participating in my Child’s IEP

More information is available at (559) 457-6006 or at www.fresnounified.org.

### Parent Dates to Know

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tr>
<td>March 3</td>
<td>6-7:30 p.m.</td>
<td>Computech Middle School</td>
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<td>Hamilton K-8 School</td>
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<td>Cooper Academy</td>
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<td>Yosemite Middle School</td>
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<td>April 12</td>
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<td>Kings Canyon Middle School</td>
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### Grades and Attendance Updates Available

Getting updates on your student’s grades or attendance is just a phone text away through the district’s EduText technology tool.

Register via cell phone using your EduText parent personal identification number (PIN), which can be found on your student’s class schedule, the ATLAS parent portal or through the school office. Text the parent PIN to 28527 (ATLAS).

Details: www.fresnounified.org under Parents tab.

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**Making College Happen Starts with Middle School Planning**

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- **March 2**: California priority deadline for Free Application for Federal Student Aid (FAFSA)
- **March 9**: Board of Education meeting
- **March 18**: Third period ends
- **March 21-28**: Spring break
- **March 29-April 1**: Third report card
- **March 30**: Board of Education meeting

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SUPERINTENDENT’S Message

Fresno Unified Employees are Charting New Life Courses for Students Every Day

I wish I could introduce you to all the employees of Fresno Unified who amaze me with what they accomplish every day. It only takes a brief visit to a Fresno Unified campus to hear examples of commitment, care, and incredibly hard work.

If I could introduce you to our employees, I would start with Debbie Hendrick, the elementary school nurse who manages scores of prescriptions, handles asthma, allergies and migraines, administers Band-Aids and sympathy, and still finds time to connect parents with other medical services.

Then, I would introduce you to Rosemary Reyes, the high school attendance clerk whose office wall is plastered with graduation pictures. She’ll tell you these pictures are her “certificates of achievement.” Rosemary refers to the graduates as her heroes because she knows the obstacles these students overcame to walk across the high school graduation stage.

Then, there’s Freddie Anderson, the after-school coordinator who came out of retirement for this job. When you ask him why he did it, he’ll tell you it’s because he sees himself in these kids. His sixth grade teacher didn’t accept that he was just a troublemaker and pointed him in a new direction that led to a master’s degree and successful career. He says he’s got a few kids right now that are at the point where he was, and he’s providing guidance.

You need to meet Stephen Ruiz, the history teacher who wears a shirt and tie every day and greets his students at the door. He dresses up as historical figures, and his students role play and discuss and debate the meaning of the history lessons.

Then there’s Julie Ratchford, the special education teacher who pairs one of her students with a general education student for a trip to the library and shared reading time. These trips led to new friendships and learning for everyone. The school added an American Sign Language club, and her special education students are teaching ASL to other students.

There are 10,000 more people and stories like these that are impacting youth throughout our district and making a difference in our community. Feb. 18, we celebrated some of our district’s best with our Excellence in Education awards. Forty-nine finalists were recognized in front of family, friends and co-workers, followed by an emotional unveiling of our top winners. Congratulations to teacher Dana Hobby, Norseman Elementary School; athletic director and teacher

Message from Mayor Ashley Swearengen

City and District Work Together to Open Green Space on Weekends

For some time now, the City of Fresno has been in discussions with Fresno Unified to open its playground space and provide greater recreational opportunity for our children, especially in central and south Fresno. Thanks to the hard work and support of the Superintendent and members of the school board, we have taken big steps toward a joint use agreement that could dramatically increase Fresno’s available green space.

The City is proposing to fund the expenses associated with opening up 16 school sites on weekends for organized recreational programming and open public use of outdoor facilities. Phase 1 of the program would involve all seven comprehensive high schools in the Fresno Unified School District and two Central Unified sites, starting in March 2016. An additional seven sites would be operational by the first Saturday in May.

Should the sites be opened, it would create an additional 340 acres of green space for Fresno residents – that’s comparable to the City opening as many as 50 new parks across the community. Residents will see organized recreational opportunities, “passive play” on the playgrounds and on open space, and organized exercise and physical fitness opportunities for area residents.

Our community wins when we all work together to improve the quality of life for our residents, and one of the best ways to do it is to invest in our open space. That’s why, in addition to the joint use agreement with Fresno Unified, the City is updating our Parks Master Plan and committed $5.8 million for PARCS capital funding in this year’s budget – with 90% of it dedicated to parks south of Shaw. We also recently opened the universally accessible Inspiration Park which is attracting visitors from across the region.

This joint use agreement with both Fresno Unified and Central Unified school districts could significantly improve access to green space throughout the City, which is good for our community. Any opportunity to find more ways to engage neighborhood residents around our schools and build a sense of community that goes beyond just the four walls of a classroom is good for our school districts and good for our city.
improvement in its qualified, professionally developed teacher pool.

“We are proud of our nearly 82% graduation rate, but we encourage every member of the Fresno community to stand with us, lock and step, as we pursue 100%,” Hanson said.

Along with its strong overall graduation rate, the district is seeing success for specific groups of students. Nationally, the graduation rate for Hispanics was 76.3% during the 2013-2014 school year, but in Fresno Unified, the graduation rate for Hispanic students was 77.6%. The district is also demonstrating stronger gains for African-American students. Nationally, the rate is 72.5%, but in Fresno, it is 73.1%.

The district is extremely proud of its nearly 82% graduation rate, but the rate for Hispanic students is still pending, so the district fully anticipates that the overall rate will climb even higher when that figure is factored in.

“We are proud of our nearly 82% graduation rate, but we encourage every member of the Fresno community to stand with us, lock and step, as we pursue 100%,” Hanson said. “Districts across the country are looking to us now to continue on with what we’ve accomplished in our citywide effort and we should not rest until all of our students graduate on time. This can only happen if we stand unified as a community, meeting the needs, both great and small, of every student.”

Superintendent Hanson shared a number of ways the community could get involved, including:

- Volunteer at school sites or for school-based events
- Contribute to the Fresno Unified Scholarship Fund
- Promote early-learning opportunities with families of the district’s youngest residents
- Encourage students to be on time, ready to learn
- Serve as a mentor to youth in your neighborhood
- Partner with Fresno Unified’s College and Career Readiness staff to provide internships or speak to students

The “I Am Ready” campaign features stories of students, parents, volunteers and community leaders who are stepping up to say they are ready to do what is necessary to help the district achieve its 100% goal.

In recent years, Fresno Unified graduated more than 80% of Fresno Unified students on time, more than 5,200 of high school students are enrolled in advanced placement courses, over 5,000 high school students are enrolled in career technical education courses, and more than 85% of students have applied to an institution of higher learning.

Kolby Lee: I Am Ready

Cambridge High School student Kolby Lee, right, stands with her mom, Tracy Griffin, by the “I Am Ready” campaign poster she is featured on.

Editor’s note: Kolby Lee, 11th grader at Cambridge High School, is featured in the district’s new “I Am Ready” campaign to involve the entire community in reaching a 100% graduation rate. Although still recovering from a serious head injury, she was elected this year as a regional president for the Black Student Unions of California and was a keynote speaker at Fresno’s 2016 Dr. Martin Luther King Jr. commemoration event in February. This is her story.

From as early as I can remember, my mom was clear: “Education comes first.” I didn’t know it at the time, but planting those seeds in my mind early would carry me through difficulties I could never have imagined.

When I was in junior high my mom got sick, which upended our family. It was nearly impossible to focus and my grades hit rock bottom. Having been a 4.0 student, I was too embarrassed to attend my eighth grade promotion. Then in ninth grade, I got a head injury playing basketball and missed over a year of school -- and I still suffer from the pain. I have climbed my way back at Cambridge and plan to finish my senior year at a mainstream high school.

When I think back to what helped me survive the hard times, it began with the care and encouragement from my mom and sisters. It was learning to play the cello in fourth grade at Kratt Elementary School, which led to my life-long love for music. It was the support of teachers and the principal at Cambridge, who worked with me to create a personal education plan.

While I will always play music on the side, I’m considering a career in the medical field studying the brain. I’m giving it all I’ve got so I can graduate and have top colleges lined up to choose from. And I’m not the only with college plans -- my mom has gone back to school to study psychology.
Fresno Unified for the first time hosted the annual African American Student Leadership & Educational Conference, welcoming more than 800 students from throughout Fresno County on Feb. 9 at the Fresno Convention Center’s New Exhibit Hall. The event, themed #ChangingTheNarrative, featured several speakers. Brigadier General Terry V. Williams of the U.S. Marine Corps challenged students to change the narrative in their lives to achieve both academic and social-emotional success. Students also were inspired by sports consultant Michael Harris and Clayton A. Muhammad, founder of the Boys II Men mentoring organization. The conference honored the legacy of Cedric Hardamon, education advocate and former president of United Black Men of Fresno, who passed away Oct. 17. Students attended workshops, a college and career fair, awards for seniors, and action-planning sessions. The conference was put on in partnership with Clovis Unified School District and Fresno County Office of Education.

Student Athletes Commit on National Signing Day

Several Fresno Unified student athletes made their college plans official on National Signing Day Feb. 3. From Edison High School: Rodjanae Wade, basketball, University of Nevada, Las Vegas (UNLV); Liz Randles, golf, Hampton University; Michael Miller, soccer, Southern Oregon; Deandre Lockhart, football, Eastern Washington; David Tate and Leevel Tatum, football, UNLV.

From Bullard High School: Franchelle Cabral, women’s soccer, and Charles Williams, football, UNLV; Connor Vikupitz, football, Air Force Academy.

Fresno Unified launched the peer mentoring program during the second half of the 2014-15 school year in the three high school regions, with plans to add more schools. The program is the most formalized and comprehensive peer mentoring the district has offered.

The two-hour weekly after-school mentoring sessions feature a planned activity followed by one-on-one time. The district has designed a curriculum to guide the sessions and has trained the high school students on how to provide the best support to their younger peers.

See TALK TO ME
Continued on page 13
TOP of the CLASS

Three Teachers, a Campus Safety Assistant and an Academic Counselor Selected as Excellence in Education Winners

Dana Hobby
Elementary Teacher Winner

Job: Second grade teacher at Norseman Elementary School.

Selected because: Hobby seeks to make a difference in the lives of not only her students, but all students at Norseman. She is a member of the Climate and Culture Team and also coaches the cross country team, attracting more than 100 students to participate and working with them on their behavior and academics so they can remain eligible. She oversees students’ arrival every morning, taking time to welcome each student. She helped to organize Norseman’s first father/daughter and mother/son dances. She works hard to improve staff morale and cohesiveness and is a leader for her grade level. She holds her students to high academic and social standards, achieving class scores above average. She opens their worlds with meaningful, educational field trips and set a goal this year of improving attendance.

About: Hobby has been on her own since she was 17 and put herself through college, the first in her family to attend. She is involved with her church and helped cook and serve a Thanksgiving dinner at a low-income apartment complex. She has spent her entire 26-year career at Norseman. She said her biggest challenge is “reaching some of these kids who already feel defeated in second grade.”

Quote: Norseman teacher Jessie Flores – “She can’t walk down the hall without being mobbed by students of all grades wanting to say hi or tell her something important that is happening in their lives.”

Laura Walsh
Middle School Teacher Winner

Job: Athletic director, PE teacher, coach and campus culture director at Yosemite Middle School.

Selected because: She deeply cares for all students at Yosemite, taking on additional responsibilities whenever necessary. She coaches boys and girls basketball and boys and girls volleyball, and firmly believes that athletics can be a key to keeping students in school. She takes the time to connect with individual students. Through her mentoring, one student went from a 50% attendance rate to near-perfect attendance and an honor roll student at Yosemite with awards in multiple sports. She works one-on-one with student athletes having difficulties and works to pull together all the pieces necessary to make a student successful, including clothing and food.

About: Walsh is married with two young boys, is active in her church but can always be found on the sidelines of a Yosemite Middle School football game. After a one-year internship at Fresno High School, Walsh has been at Yosemite for six years. She says sports and extra-curricular activities are essential for many students to do well in school: “If a kid doesn’t want to be there, the learning won’t happen.”

Quote: Principal Nichole Horn – “She helps transform students into student athletes, including the roles they play as leaders, as part of a community and as part of the Yosemite and Fresno Unified family.”

Jacqueline Ruiz
High School Teacher winner

Job: Chemistry teacher and cheer coach at Fresno High School.

Selected because: She has a passion for teaching and genuine care for students that motives her students to learn. She is constantly rebooting her instructional practices and expertly infusing the ideals of the International Baccalaureate (IB) program within the rigorous instruction of grade level standards in chemistry and Environmental Systems and Society. She weaves real-world applications through her instruction and excels at strategies that make complex subjects understandable to all students. She is a leader among her peers on campus, serving as lead teacher for the chemistry accountable community, mentoring and training other teachers in developing IB units and volunteering to help colleagues sharpen their skills.

About: She coaches the Fresno High pep and cheer team, supporting the squad at every event. The team qualified for national competition for the first time this year. She has been with the district since 2009. She said: “I try to always weave into my teaching how it applies in the real world.”

Quote: Vice Principal Linda Laettner – “Jacqueline Ruiz believes she has the most important job in the world. She revels in the opportunities and experiences that her diverse student population brings into her classroom.”
The district’s Human Resources offers the top 10 reasons to work for Fresno Unified:

1. Make a positive difference
2. The freedom to be innovative and make the best use of your abilities
3. Diversity: students, staff and community
4. Opportunity to select the school site that you’re best suited to serve
5. Participate in establishing the benchmark for success in a large, urban school system
6. Opportunity for professional learning, collaboration and sharing best practices with colleagues
7. Cutting edge technology in the classroom
8. Employee recognition and discount programs
9. Great benefits
10. Competitive salaries

Top 10 Reasons to Work for Fresno Unified

Fresno Unified School District has much to offer new and current employees.

As the fourth largest school district in California, with over 100 schools and more than 73,000 students, its large size and diverse student population ensures that employees have numerous opportunities to contribute significantly to students and to be leaders in education.

Fresno Unified offers competitive salary and benefits packages, professional and career growth opportunities and a chance to not only make a difference for students, but also make a difference in the community.

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Correction

In the February edition of Building Futures, the photos of Dana Hobby and Pamela Guizar were mistakenly switched.

Interested in Placing an Ad?

Directly mailed to more than 155,000 residences and businesses in Fresno Unified

For more information about placing an ad, call (559) 457-3733
All in the Family

For many families, Fresno Unified is a way of life.

We asked employees to let us know if they had multiple family members working for the district and the response was tremendous. Examples abound, but the prize goes to executive assistant Leticia Barajas, who is among nine family members working for the district.

Perhaps the most high-profile of Fresno Unified families are brothers Jeremy and Matt Ward. Jeremy is principal at Duncan Polytechnical High School, Matt is principal at Sequoia Middle School, and their father, Douglas Ward, is the teacher librarian at Computech Middle School.

Among others who responded were executive assistant Donna Nocetti and vice principal on special assignment Jeanarta Coe, both with five family members working for the district.

Barajas said that her family was inspired to work for the district by her mother, Juanita Carrillo, a migrant tutor and preschool aide for 20 years with Fresno Unified who loved her work. (She passed away in 2010.)

Barajas recalls being 7 or 8 and helping her older sister, Tina Salazar-Rubio, in the resources lab at Jefferson Elementary School, stamping books and stuffing envelopes.

“I remember having so much fun and thinking that one day I wanted to be just like my mom and sister and work for FUSD,” she said.

Salazar-Rubio now works as the office manager at Yokomi Elementary School and another sister, Monica Constante, is a paraprofessional at the A Street Early Learning Center. Barajas said when the family gets together, talk often turns to their jobs with the district: “It’s nice to be able to have the same connection with so many family members.

“Because of these positive experiences we, without hesitation, are always recruiting family members and friends to work for the district.”

Matt and Jeremy Ward were also inspired to pursue careers in education because they saw how much their father loved his job. He has been with the district for 26 years, 11 at Computech. He would much rather talk about his sons, however.

“I’m really proud of both of them,” Douglas Ward said. “They’re great principals, great leaders.”

He said dinner conversations are “brutal” for “anyone not in education.”

At one get together, Jeremy Ward said, one of their kids threatened to walk out if Common Core was mentioned again. The three not only work for the same district, but live next door to each other, along with another sister and her family.

Over the years, the Ward brothers have exchanged ideas and hashed out problems.

“I think it’s been the best collaboration, what I’ve been able to learn from my brother,” Matt Ward said.

Earlier in their careers they taught together at McLane High School in the Turning Point Academy to encourage college-going. Prior to taking over at Duncan a year ago, Jeremy was principal at Computech and he and Matt developed a fun rivalry for students at Computech and Sequoia.

Both are Hoover High School graduates and honored to be part of Fresno Unified.

“We’ve always been very proud of what we do and where we do it and the people we work with, and what the district is all about,” Jeremy Ward said.
Changes to Summer Program will Provide Extra Support for Students

This summer, Fresno Unified will continue to provide opportunities outside of the traditional school year for students to receive additional support.

Over the summer, some students can lose much of what they learned, creating an achievement gap between themselves and their classmates. The Fresno Unified Expanded Learning Summer Program can help close this gap, giving students the opportunity to continue to develop the skills they learned during the regular school year.

The elementary summer program is focused on students who are just finishing kindergarten and first grade. This four-week program will be offered at 29 elementary schools throughout the district and is designed to strengthen fundamental reading skills, helping students stay on track to read at grade level. Additional support will be offered for English learners, and special education programs will be available for eligible students at all grade levels.

Students needing additional support in mathematics, who are currently finishing sixth grade, will be able to strengthen their skills while becoming accustomed to a middle school campus. At the high school level, the district is offering credit recovery options in all core areas and courses needed for graduation. The 22-day high school summer program is broken into two parts, with 11 days of instruction for each session.

All courses offered through the Fresno Unified Expanded Learning Summer Program are taught by qualified teachers, chosen through a competitive hiring process, who are committed to providing high-quality academic instruction in a safe, structured environment. Parents of identified students will be notified by letter in the spring. Instruction for all programs will begin on June 14.

El Programa de Verano Proveerá Apoyo Extra para los Estudiantes

Este verano, el Distrito Escolar Unificado de Fresno continuará proveyendo oportunidades fuera del año escolar tradicional para que los estudiantes reciban ayuda adicional.

Durante el verano, algunos estudiantes pueden perder mucho de lo que aprendieron, creando una brecha en sus logros entre ellos y sus compañeros de clase. El Programa de Aprendizaje de Verano del Distrito Escolar Unificado de Fresno puede ayudar a cerrar esta brecha, dando oportunidad a los estudiantes de continuar desarrollando las destrezas que aprendieron durante el año escolar regular.

El programa de verano de primaria está enfocado en los estudiantes que acaban de terminar kindergarten y primer grado. Este programa de cuatro semanas se ofrecerá en 29 escuelas primarias a través de todo el distrito y está diseñado para fortalecer las destrezas fundamentales de lectura, ayudando a los estudiantes a que estén al corriente en lectura de acuerdo a su nivel de grado. Apoyo adicional se ofrecerá a los Estudiantes Aprendices de Inglés y programas de educación especial estarán disponibles para estudiantes elegibles de todos los grados.

Los estudiantes que necesiten apoyo adicional en matemáticas, quienes están actualmente terminando sexto grado, tendrán la oportunidad de fortalecer sus destrezas mientras se acostumbran a las instalaciones en la escuela secundaria. El distrito ofrecerá opciones de recuperación de créditos a los estudiantes en todas las escuelas preparatorias para todos los niveles centrales y cursos necesarios para graduación. El programa de verano de 22 días para la escuela preparatoria está dividido en dos partes, con 11 días de instrucción en cada sesión.

Todos los cursos ofrecidos a través del Programa de Aprendizaje Extendido de Verano del Distrito Unificado Fresno son impartidos por maestros calificados, escogidos a través de un procedo competitivo de contratación, mismos que están comprometidos en proveer instrucción académica de alta calidad en un ambiente estructurado de seguridad. Los padres de estudiantes identificados serán notificados a través de una carta en la primavera. Las clases para todos los programas empezarán el 14 de junio.

Kev Kawm Thaum Lub Cajt Ntuj Soj Yuav Pab Tau Rau Cov Menyuam Kawm Ntawv

Lub cajt ntuj sov no, Hauv Paus Tsie Kawm Ntawv Fresno Qhov Kev Lub Caij Ntuj Soj yuav yuab yuab kawm ntuaw mjai cijfam kawm tau cov los ntxiv rau lub xyoo kawm ntuaw.

Rau cajt ntu awkaw qib qis thaim lub cajt ntuj sov yov yuav saibhyxsay rau cov menyuam kawm ntuaw us yuam ghuaw kawm tas Kinder garden thiab qib ib. Cia kom muaj kev kawm plaub lub vij (asthiv) rau ntawv 29 lub tsiev kawm ntuaw qib qis thoob plaws los patxog kev neeyam ntawv thiab cia kom pab lawv kom tau lai themi uus lawv kawm ntawm. Muaj kev pab ntxiv rau cov menyuam kawm ntuaw Askiv yov hom thib ob thaij rau cov menyuam kawm ntuaw tshwj xeemb ntawm txhua them.


Ttxhua qhov kev qhia nyob rau Hauv Fresno Qhov Kev Kawm Ntxiv Thaum Lub Caij Ntuj Soj yov yuam qhia los ntawm cov xibfwb uas meej peev xwm tiag uas yov raug xaii hew hheib yov lawv txiaw txim txab mrau cov kev qhia zos tsalh nyob rau ntawm qhov chaw muaj kev kaj hauv. Cov menyuam uas tsauq xais los kawm thaim lub caij ntuj sov no ces cov niam txiw yuav tau txiaw is tsaa nhawm rau thaim lub caij nplooj ntoos hlaiv. Cov kev qhia rau txhua qhov kev kawm yuav pib thaim lub Rau Hli Tim 14.

Expanded Learning Summer Program

Elementary: June 14-July 8
Middle School: June 14-July 8
High School: Session 1 -- June 14-28; Session 2 -- June 29-July 14 (no school July 4)
Summer Graduation: July 15
Fresno Adult School Prepares Students for Immediate Careers

Fresno Adult School offers a number of career and technical education programs that prepare students for careers in food services, custodial work, grounds keeping, driving a school bus, office assisting and as a paraprofessional (teacher’s aide).

Successful training leads students to career opportunities with hospitals, schools and businesses that meet industry expectations for employees. For more information, call (559) 457-6000 or go to www.fas.edu.

**Food Service**

Offers students extensive hands-on experience in food preparation and production through eight different stations: Service assistant-front of house, food prep, grill and fry cook, expeditor, dishwasher, cashier, and line cook. Preparation and testing for the ServSafe exam is included. Training takes place in the on-campus restaurant, GrapeVine Café, which duplicates work experience in a busy establishment.

“Extensive hands on experience is an integral part of the externship program. Work experience and knowledge in the food service is the primary employment requirement throughout the food service/hospitality industry,” said food service instructor Mark McKay.

“Opportunities for employment exist in school districts, hotels, motels, resorts, country clubs, hospitals, retirement communities, groceries, deli’s, catering establishments, bakeries and any and all facets of the food service/hospitality arena.”

**Custodial**

Provides hands-on training for employment in schools, hospitals, and private industry, including floor care, scrubbing, buffing, and finishing. Dry foam cleaning and extraction cleaning of carpets will be covered, as well as cleaning of walkways and buildings.

**Groundskeeper**

Provides hands-on training in commercial and school grounds keeping including proper lawn care pesticides, tree care, equipment care and more. The course will also include ethical behavior, professionalism, and workplace safety.

**Paraprofessional**

Designed to provide the following skills: classroom management; working in diverse classrooms; communicating with staff, students, parents; and working with special education students. The course will also provide students with a crash course to prepare them for the No Child Left Behind (NCLB) exam.

**Office Assistant**

Begins with a basic Computers in the Workplace skills course and transitions to a course that will prepare students for the office assistant career training program at Fresno Adult School. Students exit the program with a Word and/or Excel certification and are prepared to find employment in a variety of office settings.

**EXCELLENCE**

Continued from page 1

who are doing some of the hardest work in our city, and doing it with love and care for the young people of Fresno.”

Moving on to the Fresno County Educator of the Year competition will be Alberty, Ballesteros and Ruiz. (The county competition only accepts one winner from the teacher category.)

Finalists were:

**Classified:** Daniel Alvarado, Vang Pao Elementary School; Darla Ayers, Phoenix Academy; Frances Cabrera, Bullard High School; Deborah Coronado, Kirk Elementary School; Lori Davis, Wawona Middle School; Rosemary Galvan-Reyes, Roosevelt High School; Marla La Borde, Ayer Elementary School; Roxane Pickett, Design Science High School; and Randel Thomas, Fresno High School.

**Certificated:** Deidra Babcock, Yosemite Middle School; Jesus Campos, Cooper Academy; Christina Cassinero-Wilson, Prevention and Intervention; Nestor Cerda, Roosevelt; Gregory Cox, Winchell Elementary School; Kimberly Deslauriers, Powers-Ginsburg Elementary School; Yadira Gonzalez, Roosevelt; Christi Grijalva, Sunnyside High School; Pamela Guizar, Norseman Elementary School; Cathy Haynes, Edison; Thoua Lee, Fresno Adult School; Bruce Lippmann, McLane High School; Brett Mar, Computech Middle School; Clare McGarvin, Kings Canyon Middle School; Kimberly McKinnis, Kings Canyon; Bobbi Nazaroff, Norseman; Tracy Owensby, Tenaya Middle School; Marc Patterson, McLane; Kimberly Price, Tioga Middle School; Gina Louise Raufman, Leavenworth Elementary School; Sylvia Reyes, Vinland Elementary School; Ernest Sanchez, Lane Elementary School; Stephen Tatum, Vinland; Angela Thornton, Center for Advanced Research and Technology; Lorri Valenzuela, Tioga; and Elaine Yen, Hoover High School.

**Administrators:** Teresa Calderon, Vang Pao; Caine Christensen, Prevention and Intervention; Christina Espinoza, College and Career Readiness; Sarah Fernandez, Fresno Adult School; Gayle Frediani, Storey Elementary School; Erica Piedra, Leavenworth; Ashley Trippel, Special Education; Matt Ward, Sequoia; and Nicole Woods, Del Mar Elementary School.

From left, Melissa Alvarado, Sandra Perez and Linda Pa Houa work on assignments for the office assistant career training program at Fresno Adult School.

**Upcoming High School Theater Productions**

**Sunnyside High School**

“Midsummer/Jersey”

7 p.m. March 9-12

**Fresno High School**

“Sleepy Hollow, the Musical”

7:30 p.m. March 10-12, 17-19

**Edison High School**

“Stage Door”

7 p.m. March 9-11

2 p.m. March 12
Jump-Start for Learning: Preschool Enrollment Starts March 1

Fresno Unified has invested in creating high-quality early learning programs for its youngest learners, with prekindergarten enrollment more than doubling since 2011. Enrollment for the 2016/17 school year begins March 1.

Families with preschoolers that turn 4 by December 2 can pick up an enrollment packet at any elementary school or download the forms on the district website.

Prekindergarten (preschool) programs are offered mornings and afternoons at most elementary schools. The three-hour program provides high-quality instruction aligned to the California preschool foundations curriculum with emphasis on early literacy and math concepts as well as visual arts. Preschoolers have an opportunity to learn through play with the support of highly trained teachers and staff. Prekindergarten is free to all children in Fresno Unified until seats are filled.

To better serve families, registration dates are available throughout the district. Beginning March 21, completed enrollment packets along with the required documents can be turned into the Early Learning Department. Families can attend any of the registration dates listed or schedule an appointment to complete the registration process. To schedule an appointment, please call (559) 457-3682 or (559) 457-3803.

Required documents for registration are birth documentation, birth documentation for all siblings, proof of income, proof of residency (rent receipt, PG&E bill, property tax receipt), current immunization record and current physical.

Prekindergarten (preschool) registration dates/schools:

<table>
<thead>
<tr>
<th>Date</th>
<th>School</th>
<th>Hours</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/29/16</td>
<td>Addams</td>
<td>8AM to 3PM</td>
<td>2117 W. McKinley, Fresno, CA 93728</td>
</tr>
<tr>
<td>4/1/16</td>
<td>Mayfair</td>
<td>9AM to 3:30PM</td>
<td>3305 E. Home, Fresno, CA 93703</td>
</tr>
<tr>
<td>4/1/16</td>
<td>Wolters</td>
<td>8AM to 3PM</td>
<td>5174 N. First St, Fresno, CA 93710</td>
</tr>
<tr>
<td>4/5/16</td>
<td>Fremont</td>
<td>8AM to 3PM</td>
<td>1005 W. Weldon Ave, Fresno, CA 93705</td>
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<tr>
<td>4/6/16</td>
<td>Kirk</td>
<td>8AM to 3PM</td>
<td>2000 E. Belgravia Ave, Fresno, CA 93706</td>
</tr>
<tr>
<td>4/7/16</td>
<td>Sunset</td>
<td>8AM to 3PM</td>
<td>1755 S. Crystal Ave, Fresno, CA 93706</td>
</tr>
<tr>
<td>4/8/16</td>
<td>Homan</td>
<td>8AM to 3PM</td>
<td>1602 W. Harvard, Fresno, CA 93705</td>
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<tr>
<td>4/11/16</td>
<td>Columbia</td>
<td>9AM to 2PM</td>
<td>1025 S. Trinity, Fresno, CA 93706</td>
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<tr>
<td>4/12/16</td>
<td>Lowell</td>
<td>8AM to 3PM</td>
<td>171 N. Poplar Ave, Fresno, CA 93701</td>
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<tr>
<td>4/13/16</td>
<td>Roeding</td>
<td>8AM to 3PM</td>
<td>1225 W. Dakota Ave, Fresno, CA 93705</td>
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<tr>
<td>4/14/16</td>
<td>Jefferson</td>
<td>8AM to 3PM</td>
<td>202 N. Mariposa, Fresno, CA 93701</td>
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<tr>
<td>4/15/16</td>
<td>Calwa</td>
<td>8AM to 3PM</td>
<td>4303 E. Jensen Ave, Fresno, CA 93704</td>
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<th>Date</th>
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<tr>
<td>4/18/16</td>
<td>Slater</td>
<td>8AM to 12PM</td>
<td>4472 N. Emerson Ave, Fresno, CA 93705</td>
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<tr>
<td>4/19/16</td>
<td>Webster</td>
<td>8AM to 3PM</td>
<td>2600 E. Tyler Ave, Fresno, CA 93701</td>
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<tr>
<td>4/20/16</td>
<td>Vinland</td>
<td>8AM to 3PM</td>
<td>4666 N. Maple Ave, Fresno, CA 93726</td>
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<tr>
<td>4/21/16</td>
<td>Anthony</td>
<td>8AM to 3PM</td>
<td>1542 E. Webster, Fresno, CA 93728</td>
</tr>
<tr>
<td>4/25/16</td>
<td>Slater</td>
<td>8AM to 12PM</td>
<td>4472 N. Emerson Ave, Fresno, CA 93705</td>
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<tr>
<td>4/26/16</td>
<td>Pyle</td>
<td>8AM to 3PM</td>
<td>4140 N. Augusta Ave, Fresno, CA 93726</td>
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<tr>
<td>4/27/16</td>
<td>Winchell</td>
<td>8AM to 3PM</td>
<td>3722 E. Lowe Ave, Fresno, CA 93702</td>
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<tr>
<td>4/28/16</td>
<td>Turner</td>
<td>8AM to 3PM</td>
<td>5218 E. Clay Ave, Fresno, CA 93727</td>
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<tr>
<td>5/3/16</td>
<td>Lincoln</td>
<td>8AM to 3PM</td>
<td>1100 E. Mono, Fresno, CA 93706</td>
</tr>
<tr>
<td>5/4/16</td>
<td>Pyle</td>
<td>8AM to 3PM</td>
<td>4140 N. Augusta Ave, Fresno, CA 93726</td>
</tr>
<tr>
<td>5/5/16</td>
<td>Hidalgo</td>
<td>8AM to 3PM</td>
<td>3550 E., Thomas, Fresno, CA 93702</td>
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<tr>
<td>5/10/16</td>
<td>Olmos</td>
<td>8AM to 3PM</td>
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<tr>
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<td>8AM to 3PM</td>
<td>1533 N. San Pablo Ave, Fresno, CA 93728</td>
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<tr>
<td>5/31/16</td>
<td>Birney</td>
<td>8AM to 3PM</td>
<td>3034 E. Cornell Ave, Fresno, CA 93703</td>
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Physician Says Keeping Children Healthy as Easy as 5-2-1-0

For some parents, it can be a daily battle to get their children to eat fruits and vegetables. For others, it’s a battle to get their children to bed at a decent hour or convince them to turn off the television and do something active instead.

No one ever said raising a healthy child was easy.

That’s why Kaiser Permanente has developed a program called 5-2-1-0 -- a daily guide for what children can do to lead healthier lives and reduce their risk of developing more serious health complications later in life, including obesity, hypertension and diabetes.

Encouraging a healthy lifestyle at a young age is extremely important, especially when you consider the obesity rate among children. The U.S. Centers for Disease Control and Prevention estimates that one in three children are overweight or obese. In the central San Joaquin Valley, more than 40% of fifth-, seventh- and ninth-graders are overweight or obese.

To reduce your child’s risk, consider giving 5-2-1-0 a try.

The numbers stand for:
5 servings of fruits and vegetables
2 hours or less of screen time
1 hour of physical activity
0 sweetened beverages

The goal is to incorporate each of these four steps into your child’s daily life.

• 5 servings of fruits and vegetables
The idea is to make it easy to include five servings of fruits and vegetables into their daily diet. Freezing grapes or watermelon cubes can make for a sweet, tasty and cool snack for children to grab. Peanut butter and apples or celery will provide a crunchy snack option that’s relatively quick to make. Smoothies for breakfast are another way to get in a lot of healthy fruits and even veggies -- adding in some kale or spinach gives you the vegetable serving while still retaining a sweet taste.

• 2 hours or less of screen time
Children are consumed by technology but it’s contributing to excess weight gain and increases the risk of developing unhealthy eating habits, getting less sleep and having lower reading scores and poorer grades in school. There are some easy ways to limit the time they are spending on video games, tablets and phones.
Don't allow your children to turn them on during meal times. Keep them out of the bedroom at night. And model good behavior. Make sure you are turning yours off as well.

• 1 hour of physical activity
Make sure your children are being active throughout the day. Studies show that active children do better in school and activity helps to stimulate their brains. We recommend one hour of physical activity, which can be broken into 15-minute segments throughout the day. Some easy ideas: have a dance-off in your living room, take a quick bike ride to the store, start family walks after dinner, or sign your children up for a sports camp or after-school activity.

• 0 sweetened beverages
Try to keep the sweetened beverages, loaded with sugar, out of your home. For example, a typical 20-ounce soda has between 15 to 18 teaspoons of sugar, which would take more than 45 minutes of walking to burn off.
"Rethink Your Drink" encourages everyone to drink water rather than any other beverage. You can boost flavor by adding sliced strawberries and oranges or even lime, cucumber and mint for a refreshing taste.

For more tips and information visit www.kp.org.

National Poison Prevention Week is March 20-26

Unintentional poisoning is a leading cause of injury to children. Each year across North America, thousands of children are treated in emergency departments after consuming poisonous substances.

The Centers for Disease Control and Prevention estimates that nine of 10 accidental poisonings occur in the home, and 60% of these victims are younger than 6. Almost half of poisonings in children under 6 involve a misuse of medications. Here’s how to reduce risk in your home:

• Keep ALL prescription and over-the-counter medications, vitamins, and herbs in a safe place and out of sight of children. Make sure they can only be reached by those who take or give them and do not leave them out, even for short periods.
  • Read all warning labels.
  • Only take prescription medications that are prescribed to you, and at doses prescribed.
  • Keep all medications in original containers.
  • Secure the child safety cap completely after each use.
  • Never calling medicine “candy.”
  • Avoid taking medicine in front of children.
  • Turn on lights when giving or taking medication.
  • Empty medication cabinets periodically and dispose of medications properly. http://1.usa.gov/1KSDuhQ

Other household products also pose a risk to your family. These may include bleach, detergents, cleaning fluids, and household cleaners. Here’s how to reduce their risk:

• Turn on lights when giving or taking medication.
• Avoid taking medicine in front of children.
• Turn on lights when giving or taking medication.
• Empty medication cabinets periodically and dispose of medications properly. http://1.usa.gov/1KSDuhQ

See COUNTY HEALTH TIPS Continued on page 13
continued from page 2

**S虽说 tips**

**Counties Simple para para los estudiantes y familias que se van Caminando a la Escuela**

• Usar la misma ruta cuando camines para ir y venir a la escuela.
• Camina con un grupo de amigos de tu vecindario. La unión hace la fuerza.
• Presta atención a tus alrededores y evita pasar por lugares con zacates crecidos, perros callejeros, caminos poco iluminados, etc.
• Cuando cruces la calle en las esquinas, usa las áreas con señalamientos de tráfico o cruces de peatones con letreros. No cruces cuando el semáforo esté en rojo.
• Antes de cruzar: Para, mira a la izquierda después de la derecha y luego a la izquierda otra vez y cruza cuando estés seguro. Camina, no corras.
• No cruces a la mitad de la calle o entre los vehículos.
• Cuando te encuentres cerca de la calle, no se correete ni se empujen.
• Comunicales a tus padres si algo sucede cuando caminas a la escuela.

**Tsiv Yim Rau Menyuam Kawm Ntawv Thib Cov Yim Tsev Neeg Uas Taug Kev Mus Thiab Los Rau Tom Tsev Kawm Ntawv**

• Siv tib txoj kev taug rau kev mus thiab los tom tsev kawm ntawv
• Taug kev nrog ib cov phooyjyg nyob ib paug ngic ze koj. No ua rau nej muaj neeg coob.
• Paub txog ib paug ncig ntawm koj thib tis txhob mus rau tej qhov uas zoo li tis yog kev taug, muaj dev, lwmm yam uas tis yog kev taug zoo.
• Thaum uas yuav hla kev, siv qhov chaw uas muaj lub teeb lossis cin tias taug kev tay nyob saum qhov qhia. Tsis txhob hla thaum teeb liab
• Ua ntej yuav hla kev: Ntses, saib phab laug thiab phab xis ces ror qab saib phauba laug dua yog tis muaj tsheb los li man mus. Mus xwb, tis txhob khiav
• Tsis txhob mus hauv nruab nraib txoj kev losyog mus hauv nruab nraib cov tsheb.
• Thaum mus ze kev tsheb lawm, tis txhob sib thawb losyog sib caum
• Hais qhia rau koj niam koj txiv pyab yog muaj dabtsi tshwm sim thaum koj taug kev mus thiab los tom tsev kawm ntawv.

**TALK TO ME**

**Continued from page 5**

An adult teacher or counselor is with the students at each school to provide guidance.

Forty Edison High School students mentor at Gaston, 30 from Bullard High School go to Tenaya and 30 from Roosevelt High School go to Tehipite. Person said a team of counselors matched the students and examined the specific needs of the regions.

At Gaston, many of the students selected for mentoring were athletes with low GPAs who wavered in and out of eligibility for sports and extra-curricular activities. They were matched with student athletes from Edison with excellent grades. The program also includes Gaston students designated as English learners matched with English learner students from Edison.

At Tenaya, students who had been active in some sort of Goal 2 activity, but had dropped out because of poor grades or other reasons, are matched with Bullard students with at least a 3.0 GPA and involved in Goal 2. The district’s Goal 2 states that “All students will engage in arts, athletics or activities.”

At Tehipite, students at risk of losing their eligibility in the Steve’s Scholars program are matched with Roosevelt students with GPAs of 3.0 or higher, outstanding attendance and if possible, are on track to win a scholarship through the Steve’s Scholars program.

The district is still gathering data to quantify whether the program is improving students’ academic performance. But based on a survey of students involved, Person said 90% of mentees felt they were better students after being matched with a mentor and 100% of the students wanted to keep in the program.

Person said mentors said they liked being able to help other students and that it was good experience for college applications and job resumes.

Person said researchers have found that peer mentoring benefits both mentees and mentors, improving connectivity to school, relationships, self-efficacy, confidence, grades and social skills.

**COUNTY HEALTH TIPS**

**Continued from page 12**

- Check garages, basements, and other storage areas regularly, and dispose of old products properly.

Remember that household hazards include button batteries, poisonous plants, carbon monoxide, and lead. Learn about each of these and take appropriate steps to reduce risk.

Be prepared. Put the poison control number by or in each of your phones (1-800-222-1222). Call immediately if a poison victim is awake and alert. Call 911 if you have a poison emergency and the victim has collapsed or is not breathing. Never try to make a poison victim vomit unless instructed to do so by a health care professional.

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STUDENT COLUMN

Design High School Students Giving Back to Community

This is our first year serving on the Fresno Unified Student Advisory Board (SAB) and we felt welcomed by the board. Being active members has helped us understand how Fresno Unified works and we are proud to partake in the extraordinary work implemented by students.

As student officers at Design Science Early College High School, we have seen that the SAB changes Fresno Unified students’ lives. The Human Element is a great way to spread kindness among the students and it is a great way to prevent bullying. Currently ASB members are working in groups on spreading sportsmanship among students, reaching out to our communities, and continuing to spread kindness among the students.

Here at Design Science, we continue to engage our student body with fun events like movie nights, dances, and the annual Cadet Ball. We also inform and support students on teen issues such as depression, drug awareness/treatment, and suicide prevention. We will be giving back to our community through our Pennies for Patients drive in support of leukemia and lymphoma research, Jeans for Troops to support our veterans, a canned food drive for the Community Food Bank of Fresno and a clothing drive to support families in the Philippines.

A little bit about Design Science High: Our students take classes at Fresno City College as part of our school day. We have 50 graduating seniors this school year and at least six students will complete an associate degree simultaneously. Many of our graduates have completed 45 to 60 college credits when they graduate. This helps them and their families reach the dream of having a college degree and working in a field they love.

As always, Design Science Early College High School is dedicated to the pursuit of education and we will continue on this path. Good luck out there and keep up the good work.

Choice Schools

Fresno Unified offers a variety of school choice options. Applications received before Dec. 1 have priority in the selection process. Families may apply for a transfer to any district school, including the popular magnet schools and specialized programs, by completing an application. To learn more: (559) 248-7538, drop by 4120 N. First St., or go to https://www.fresnou.org/dept/stafed/Pages/Transfers-Office.aspx.

Fresno Economic Opportunities Commission

Your Family. Your Choice. Choose Fresno EOC WIC

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Fresno Unified offers a variety of school choice options. Applications received before Dec. 1 have priority in the selection process. Families may apply for a transfer to any district school, including the popular magnet schools and specialized programs, by completing an application. To learn more: (559) 248-7538, drop by 4120 N. First St., or go to https://www.fresnou.org/dept/stafed/Pages/Transfers-Office.aspx.
MENSAJE DEL SUPERINTENDENT

Laura Walsh, Yosemite Middle School; teacher, Jacqueline Ruiz, Fresno High School; Danny Albert, a campus safety assistant at Edison High School; and Cecilia Ballesteros, academic counselor at Sequoia Middle School. Jacqueline, Danny and Cecilia will move on to the Fresno County Educator of the Year competition this fall.

To all of our employees, let me say a heartfelt thank you and commend you for the work you do, for all the energy you expend, and for the care and commitment I know comes from a place deep in your heart. This work is not easy, but I believe there is no greater calling.

It sustains me to know how many of you are working in unison toward the common goal -- ensuring each of our 73,000 students has the opportunity to cross that threshold and graduate. Fresno Unified employees continue to show they are ready and I thank you. #FresnoReady

setMessage()
DISTRICT ROUNDUP

Super Bowl Footballs for Hoover High School

Hoover High School has received two commemorative golden footballs from the NFL and Wilson to honor Hoover alumni who played in a Super Bowl: Rod Perry, Super Bowl XIV, cornerback for the L.A. Rams, and Rod Horn, Super Bowl XVI, nose tackle for the Cincinnati Bengals.

Fresno High Cheer Squad Headed to Nationals in Anaheim

Fresno High School’s cheer squad placed first in its division at a regional competition and now heads -- for the first time -- to the United Spirit Association national competition March 18-20 in Anaheim. The cheer squad as set up a Go Fund Me account, gofundme.com/fresnohighcheer.

Cooper Students Attend Ocean Institute

Cooper Academy eighth graders Heaven Hamilton and Shamira Manning participated in the Plastic Ocean Pollution Solutions International Youth Summit at the Ocean Institute in Dana Point Feb. 26-28. They were among 90 participants selected from 191 applications. They developed their project, on plastic micro beads, after studying the global plastic pollution issue in their Design Cycle class last year.

Roosevelt Virtual Enterprise Team Excels

Roosevelt High School’s virtual enterprise team was voted No. 4 in the nation in an elevator pitch competition by Virtual Enterprises International. CEO Katherine McClendon (12th grade) made the “Every Drop Counts” pitch, which was filmed by Juan Botello (12th grade).

Get FREE NGSS Materials That Bring Fun Activities Into Your Classroom

Available for Students in Grades 6 - 8 Now!

Fresno Unified teachers have access to free educational resources focused on our local urban water cycle, recycling, and human impact Next Generation Science Standards topics.

Materials Include:

- Worksheets with colorful infographics, puzzles, quizzes, vocabulary and more
- Teaching and discussion guides with answer keys
- Posters and PowerPoint presentations

Order Online at fresnofloodcontrol.org
or call the program coordinator at 456-3292

Subject to availability. Quantities are limited, and made available to schools within the Fresno/Clovis urban area that operate within the Flood Control District’s boundaries.

Healthy Minute

Take a Minute for Your Health

Join Us

for an exciting journey of wellness education, nutritional awareness, and health consciousness that will teach you how to treat yourself well for a healthy, balanced life!

WellPATH will host its 2nd Annual Employee & Family Wellness Expo in combination with a 5K run/2-mile walk. This event is designed to promote health and wellness across the District, encourage our community to get engaged in their health and wellness, and support higher education by donating all funds raised to the Fresno Unified School District Scholarship Fund.

The Employee & Family Wellness Expo is FREE and open to the public, while the 5K run/walk costs between $20-$30 depending on the date of registration.

Learn more by visiting: www.JHMBHealthConnect.com/events

WellPATH seeks to foster a healthy work environment and engage Fresno Unified School District employees in their health and well-being. Participation in program activities is open to active employees, spouses, domestic partners, dependent children age 18+, early retirees, and retirees covered under the District’s health benefit plan.

Healthy Screenings
Free Massages
Fitness Demos
Wellness Vendors
Give-Aways
Healthy Samples
Kid’s Zone
Obstacle Course
Education & Awareness
And more!